

SYSTEMS THINKING ALLIANCE:

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# Unleashing the Power of Systems Thinking





## Course Outline



# Certified Systems Thinking Associate (CSTA)





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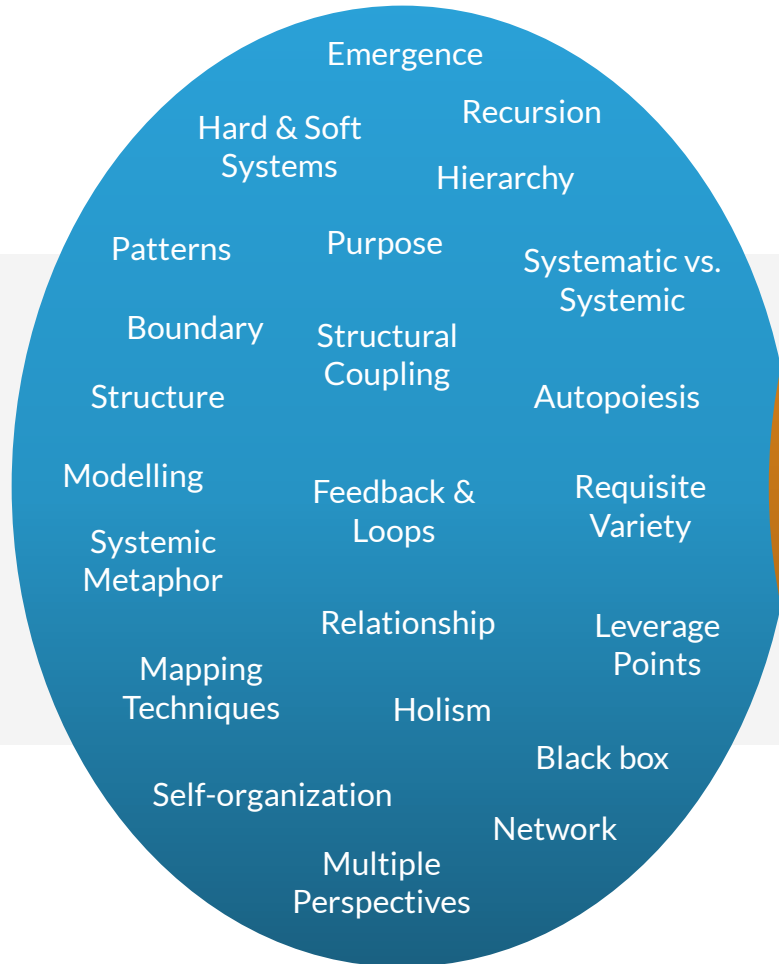
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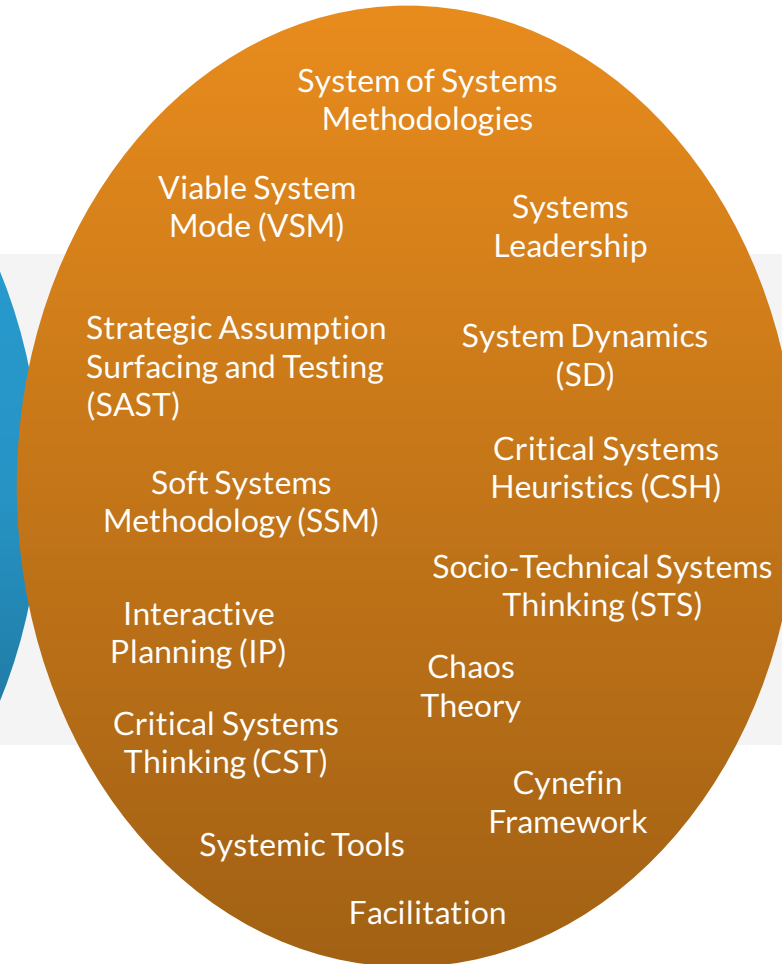


# Systems Thinking Alliance - Certification Landscape

## Systems Concepts



## Systems Approaches



Certified Systems Thinking Associate (CSTA)



Certified Systems Thinking Practitioner (CSTP)



# Certified Systems Thinking Associate (CSTA) - Learning objectives

#	Module	Learning Objective	Topics Covered
1	<b>Understanding the big picture: systems Thinking for today's challenge</b>	<ul style="list-style-type: none"> <li>Identify complex challenges and comprehend how systems thinking can provide viable, sustainable interventions</li> <li>Recognized the VUCA (volatile, uncertain, complex, and ambiguous) characteristics</li> <li>Differentiate wicked problems from puzzle or tame problems.</li> <li>Identify the characteristics of wicked problems and discuss the challenges that come when dealing with them</li> <li>Comprehend the obstacles that decision-makers encounter when handling complexity and wicked problems, such as interconnected elements, instability, and a variety of viewpoints</li> </ul>	<ul style="list-style-type: none"> <li>Where systems thinking can help?</li> <li>VUCA world</li> <li>Dichotomy of problems</li> <li>What are wicked problems?</li> <li>Understanding wicked problem</li> </ul>
2	<b>Brief history of systems Thinking</b>	<ul style="list-style-type: none"> <li>Summarize the key milestones and major contributors in the history of systems thinking and demonstrate an understanding of its evolution and impact.</li> <li>Understand the basics of General Systems Theory (GST), Cybernetics, and Complexity Theory and identify their roles in understanding and analyzing complex systems.</li> <li>Understand Boulding's pathways for advancing GST, comprehend his preference for hierarchical organization, recognize the nine levels of discourse, and grasp how increasing complexity leads to the emergence of new properties</li> </ul>	<ul style="list-style-type: none"> <li>Brief history of systems thinking</li> <li>Systems thinkers</li> <li>Development of systems approaches</li> <li>General Systems Theory (GST)</li> <li>Two pathways of General Systems Theory (GST)</li> <li>Hierarchy of complexity</li> <li>Nine levels of Boulding's hierarchy</li> <li>Cybernetics</li> <li>Complexity Theory</li> </ul>





# Certified Systems Thinking Associate (CSTA) - Learning objectives

#	Module	Learning Objective	Topics Covered
3	<b>Complexity</b>	<ul style="list-style-type: none"> <li>• Understand the classification and explain 'organized simplicity,' 'organized complexity,' and 'unorganized complexity.'</li> <li>• Understand the effect of randomness on complexity and explain the relationship between complexity and number of elements.</li> <li>• Explain why classical mathematical tools work for simple problems and why statistics/probability are effective for unorganized complexity.</li> <li>• Recognize the situations where systems thinking is most useful and appropriate.</li> <li>• Analyze and understand the various factors contributing to system complexity, including interconnectivity, multiple causes, environmental turbulence, randomness, emergent properties, non-linear relationships, and the role of conflict and power.</li> </ul>	<ul style="list-style-type: none"> <li>• Science and complexity</li> <li>• Distinction between organized simplicity, organized complexity and unorganized complexity</li> <li>• Regions of systems</li> <li>• Complexity and randomness</li> <li>• Examining complexity</li> </ul>
4	<b>Systems</b>	<ul style="list-style-type: none"> <li>• Analyze and articulate how the concept of systems is applicable across different scopes and complexities in our universe.</li> <li>• Apply a systems lens perspective to identify, explain, and evaluate various systems</li> <li>• Define key characteristics of a system and demonstrate their understanding of a system by analyzing a real-world example</li> <li>• Distinguish between processes and systems by defining their key characteristics, understanding their different goals and representations, and explaining how processes link together within a system</li> <li>• Define and differentiate between open systems and closed systems</li> </ul>	<ul style="list-style-type: none"> <li>• Systems are everywhere</li> <li>• Systems lens</li> <li>• Characteristics of a system</li> <li>• Process vs. system</li> <li>• Open and closed systems</li> </ul>



# Certified Systems Thinking Associate (CSTA) - Learning objectives

#	Module	Learning Objective	Topics Covered
5	<b>Systems Thinking</b>	<ul style="list-style-type: none"> <li>Gain an understanding that systems thinking is transdisciplinary, aiming to comprehend complex situations through its core concepts and that various approaches are available for systemic interventions.</li> <li>Explain and differentiate what systems thinking is and is not</li> <li>Compare and contrast systematic and systemic thinking</li> <li>Differentiate between open and closed systems, explain the importance of interactions with the environment in open systems, and analyze how feedback loops contribute to the adaptability and complexity of open systems</li> <li>Distinguish between hard and soft systems thinking by comparing their orientations, assumptions about the world, views on systems models, and language used for discussion.</li> </ul>	<ul style="list-style-type: none"> <li>What is systems thinking</li> <li>What systems thinking is and is not</li> <li>Systematic vs systemic thinking</li> <li>Open and closed systems</li> <li>Hard and Soft systems thinking compared</li> </ul>
6	<b>Core Systems Concepts</b>	<ul style="list-style-type: none"> <li>Define key concepts in the field of systems thinking and demonstrate an understanding of their significance and practical implications.</li> </ul>	<ul style="list-style-type: none"> <li>Relating</li> <li>Emergence</li> <li>Modelling</li> <li>Hierarchy</li> <li>Holistic thinking</li> <li>Structure</li> <li>Recursion/fractal</li> <li>Boundary</li> <li>Multiple perspectives</li> <li>Block box</li> <li>Requisite variety</li> </ul>



# Certified Systems Thinking Associate (CSTA) - Learning objectives

#	Module	Learning Objective	Topics Covered
6	Core Systems Concepts (cont.)	<ul style="list-style-type: none"> <li>(cont.) Define key concepts in the field of systems thinking and demonstrate an understanding of their significance and practical implications.</li> </ul>	<ul style="list-style-type: none"> <li>Patterns</li> <li>Feedback</li> <li>Homeostasis</li> <li>Autopoiesis</li> <li>Structural coupling</li> <li>Network</li> </ul>
7	Systemic Perspectives	<ul style="list-style-type: none"> <li>Understand the power of metaphors in shaping perspectives and identify how the use of diverse metaphors can influence actions and lead to a more comprehensive understanding of complex systems and issues.</li> <li>Distinguish between mindless, uni-minded, and multi-minded systems, understanding their distinct operational characteristics, performance criteria, and ways of reacting to environments within organizations.</li> <li>Define the five systemic perspectives (machine, organism, cultural/political, societal/environmental (purposeful), and interrelationships) and describe how each perspective provides a unique approach to understanding and addressing complex problems.</li> </ul>	<ul style="list-style-type: none"> <li>Metaphors</li> <li>Shift of paradigm</li> <li>Five systemic perspectives</li> <li>Machine</li> <li>Organism</li> <li>Cultural/political (purposeful)</li> <li>Societal/environmental</li> <li>Interrelationship</li> </ul>





# Certified Systems Thinking Associate (CSTA) - Learning objectives

#	Module	Learning Objective	Topics Covered
8	<b>Purpose</b>	<ul style="list-style-type: none"> <li>Distinguish between 'Purposeful' and 'Purposive' systems, understand their characteristics, and recognize how individual and system agencies interact to shape each other.</li> </ul>	<ul style="list-style-type: none"> <li>Purposeful and purposive</li> </ul>
9	<b>Systems Mapping /Modelling Techniques</b>	<ul style="list-style-type: none"> <li>Evaluate the purpose, utility, strengths, and limitations of some key system mapping/diagramming techniques by interpreting and analyzing them to represent different aspects of a system.</li> </ul>	<ul style="list-style-type: none"> <li>Systems maps</li> <li>Spray Influence Diagram</li> <li>Concepts maps</li> <li>Rich pictures</li> <li>Causal loop diagrams (CLD)</li> <li>Connection circles</li> <li>Stock and flow diagrams</li> </ul>
10	<b>Exam Details</b>	<ul style="list-style-type: none"> <li>Understand the exam structure, grasp the percentage allocation of questions per module, and gain valuable tips and techniques for achieving success in the examination.</li> </ul>	<ul style="list-style-type: none"> <li>Exam details</li> <li>Percentage allocation per module</li> <li>Exam tips and tricks</li> <li>Access to exam</li> </ul>
11	<b>Systems Thinking Approaches (optional)</b>	<ul style="list-style-type: none"> <li>Define the purpose of key system thinking approaches and identify their underlying systemic perspective.</li> </ul>	<ul style="list-style-type: none"> <li>System Dynamics (SD)</li> <li>Viable System Model (VSM)</li> <li>Soft Systems Methodology (SSM)</li> <li>Interactive Planning</li> <li>Critical Systems Heuristics (CSH)</li> </ul>



# About Systems Thinking Alliance



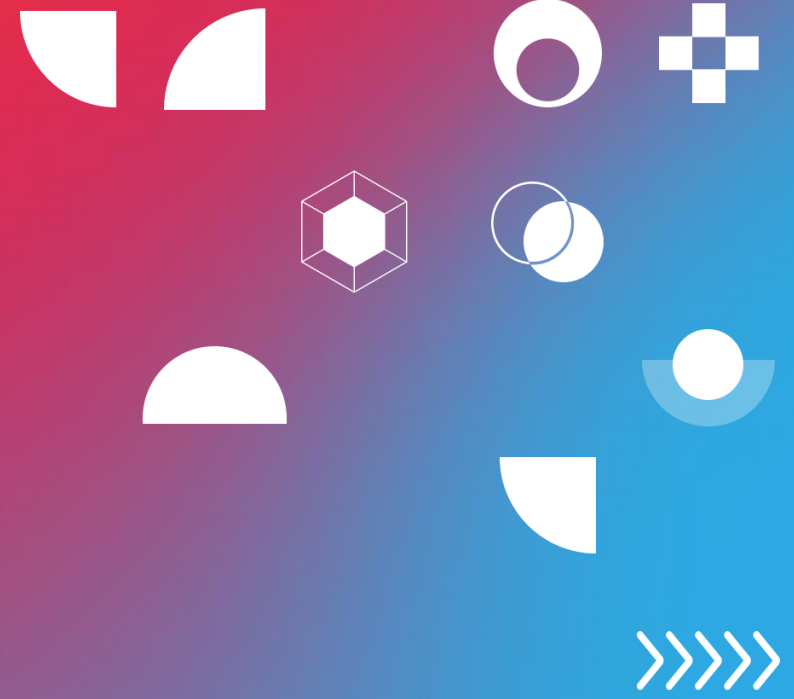
Systems Thinking Alliance is a global organization supporting practitioners and organizations who explore and apply systems thinking principles, practices and methods to make the world humane and sustainable.

Our mission at Systems Thinking Alliance is to empower organizations through expert training, coaching and consulting, enabling them to navigate complex challenges effectively.

Our vision is a future where systems thinking is universally embraced, fostering a culture of continuous learning and community engagement. We aspire to empower organizations globally, transforming chaos into order, and effectively tackling challenges through the lens of systems thinking.

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